

Claims: I claim:

30. Mount for holding down a frame to a structure for protection from hurricane forces comprising:
 - a. a mount having a top web and a base web;
 - b. said base web having a can-shape, with the bottom generally open;
 - c. said base web having the sides of said can-shape in a generally circular shape;
 - d. said base web having said top web generally at the top center of said can shape;
 - e. said top web having a generally flat, rectangular shape and having a generally perpendicular angle to said base web.
31. The mount of claim 30 wherein said base web having predetermined radius generally equal to the radius of a concrete coring bit.
32. The mount of claim 30 wherein said base web having predetermined area and said predetermined radius as a means for insertion into a pre-drilled, generally O-shaped cavity in masonry.
33. The mount of claim 30 wherein said base web having said sides forming an annulus-shape, and said top having a generally flat underside as a means for placement against

the inside, outside, and top edge of the core formed by said pre-drilled O-shaped cavity.

34. The mount of claim 30 wherein said sides of said base web having predetermined length and predetermined thickness, and said flat underside of said top having predetermined area as a means for permanent attachment to all sides of said masonry core with adhesive cement, thereby avoiding detachment during wind storms and seismic movements.
35. The mount of claim 30 wherein said top web having predetermined area and notches on either end as a means for attaching onto other mounts and structural members.
36. The mount of claim 30 wherein said top web having been formed by punching up from the base web along a bend line, thus avoiding any welding.
37. The mount of claim 30 wherein said sides of said base web having been formed by punching down from the base web along a curving bend line, thus avoiding any welding.
38. A mount having a top web and a base web wherein said base web having a generally open can-shape, and said can-shape having a generally flat underside and a generally O-ring-shaped side as a means for permanent attachment to the inside, outside, and top edge of a core formed by a pre-drilled O-shaped cavity in masonry using adhesives.